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Nutrition Workshop for Autism Spectrum Disorders

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NUTRITION WORKSHOP FOR AUTISM SPECTRUM DISORDERS

May 19, 2011 by cpehrson



Feeding problems can be a great challenge with children who have autism. They may have oral sensitivities and react to different textures, tastes, and smells. Many children with autism develop odd ways of eating certain foods, for instance, picking the cheese off of their pizza, or eating the hamburger and bun separately on a hamburger. Eating can be even more frustrating due to behavioral issues that often come with the disorder.

The Up to 3 Early Intervention Program at the CPD is holding a workshop for feeding professionals and parents on this very topic: Nutrition Therapy for Autism Spectrum Disorders.

Presenter will be Elizabeth Strickland, MS, RD, LD., a Registered Dietician specializing in integrative Nutrition Therapy for infants, children and young adults with developmental disabilities, chronic illnesses and special health care needs.

The workshop will be held on June 16 and 17, 2011 at the Innovation Campus, Space Dynamics Lab, 489 East 1650 North, in Logan, Utah. Cost for participants for the two days is: \$150 for professionals & \$50 for parents. \$175 late registration after June 2.

For more information and to register, contact Cathy Mace.